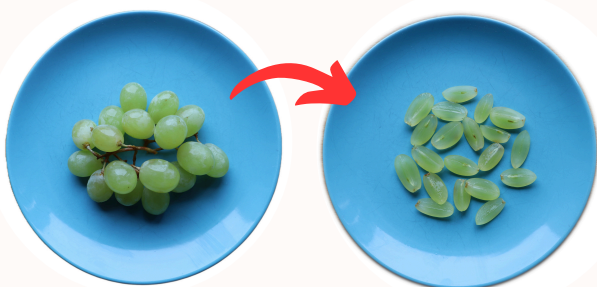


Choking Hazards

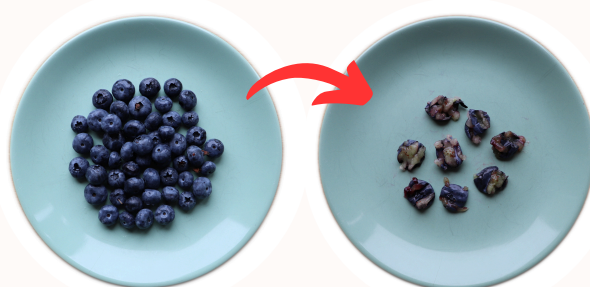
Prevent choking

SERVE SAFE CHUNKS

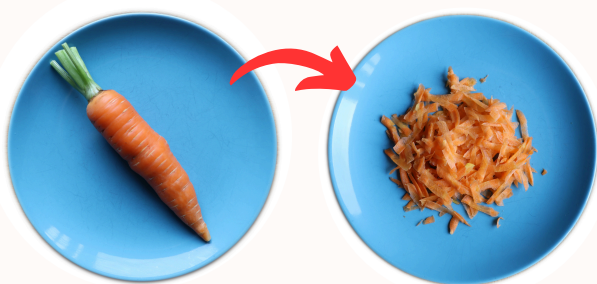
Apply these basic rules up to 4 birthday of a child



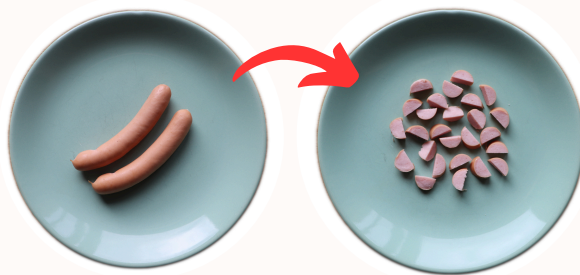
Spherical in cross-section products
the size of grapes or cherry tomatoes:
cut lengthwise in quarters



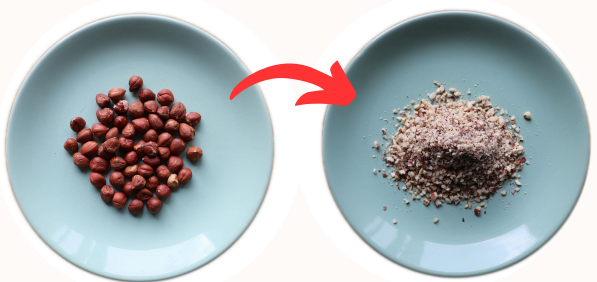
Smaller spherical in cross-section products,
such as blueberries or cooked beans:
mash or cut into quarters



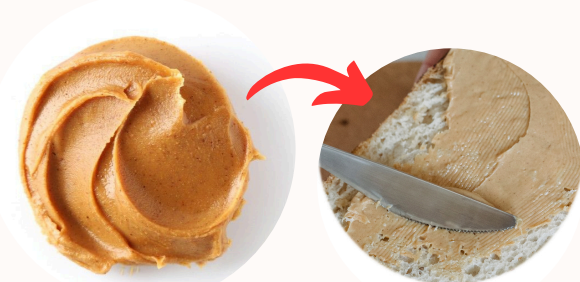
Raw carrots: grate or cut them
into matchstick-sized pieces



Sausages: cut lengthwise into quarters



Nuts and seeds: grind or finely chop



Thick nut paste: spread thinly on bread

CAUTION!

The greatest danger is food that is oval in cross-section, slippery and/or brittle.
Do not serve hard candies, popcorn, chewing gum, marshmallow, gummy bears,
ice cubs to a child!

Organizator:



@oswajam.jedzenie
oswajamjedzenie.pl

Wesprzyj Mikołaja:

siepo[♥]aga.pl/obudziemiki
@miki_obudz_sie

Patronat:



Wyższa Szkoła
Ekonomiczno-Humanistyczna

